



August 13, 2008

Bengal Energy Files MD&A and Financial Interim Report for Quarter Ended June 30, 2008

Calgary, Alberta – Bengal Energy Ltd. (TSX: BNG) (“Bengal” or the “Company”) today announced the filing of its unaudited interim Financial Statements and Management’s Discussion and Analysis for the first quarter ended June 30, 2008. A copy of these documents can be viewed at www.sedar.com.

About Bengal

Bengal Energy Ltd. is an international junior oil and gas exploration and production company based in Calgary, Alberta. The Company is committed to growing shareholder value through international exploration, production and acquisitions. Bengal trades on the TSX under the symbol BNG.

Disclaimers

Except for statements of historical fact, all statements in this press release, without limitation, regarding new projects, acquisitions, and future plans and objectives are forward-looking statements which involve risks and uncertainties. There can be no assurance that such statements will prove to be accurate; actual results and future events could differ materially from those anticipated in such statements.

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